

Bemer

About

At Rise and Shine Wellness Center, we specialize in promoting holistic wellness through advanced technology methods. Our signature service combines BEMER technology with pulse electromagnetic frequency (PEMF) sessions to enhance overall well-being. Utilizing these cutting-edge techniques, we help decrease pain and swelling, providing relief for chronic conditions. Our clients experience better sleep and reduced healing times after surgeries, leading to a faster and more comfortable recovery. Trust us to elevate your health and well-being, one session at a time.

Contraindications

- Active medical implants (Not limited to pacemakers, defibrillators, brain stimulators, and muscle stimulators, as well as insulin pumps, should NOT use the BEMER)



Rise & Shine
Wellness Center

Bemer



Improvement experience:

- Enhancing circulation/blood flow.
- Improving nutrient supply and waste disposal.
- Increasing cardiac function.
- Enhancing physical fitness, endurance, strength, and energy level.
- Improving concentration and mental acuity.
- Reducing chronic musculoskeletal pain such as low back pain, neck pain, or joint pain.


We care

3731 Rainbow Drive Rainbow Dr. 35906
256.390.4877



riseandshinewellness.care

Bemer Session



CHANGE YOUR LIFE WITH BEMER
VITAL TO LIFE - PROPER BLOOD FLOW

BEMER ENHANCES:

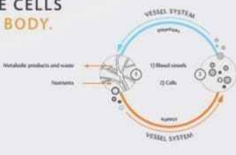
- General blood flow
- The body's nutrient and oxygen supply and waste disposal
- Cardiac function
- Physical fitness, endurance, strength and energy
- Concentration, mental acuity, stress reduction and relaxation
- Sleep management

The body's circulatory system ensures the survival of the organism by facilitating metabolism in each and every cell. This helps maintain self-regulatory mechanisms. First, blood transports oxygen from the lungs to the cells and exchanges it for carbon dioxide to be removed as waste. Second, it transports nutrients such as fats, carbohydrates, or proteins from the digestive tract to the individual tissues where they can be consumed, processed, or stored as needed.

The resultant metabolic waste products, are then transported to other tissues and finally to the excretory organs such as the kidneys and colon. In addition, blood distributes hormones, immune cells, and other signaling molecules. The human body's circulatory system is essential for providing the raw materials needed for energy production as well as physical and mental performance. Cells rely on the blood to deliver and remove what they need in order to perform their essential functions.

PROPER SUPPLY OF OXYGEN & NUTRIENTS TO THE CELLS + DISPOSAL OF WASTE PRODUCTS = A HEALTHY BODY.

Only good, functional circulation ensures proper supply of nutrients and oxygen as well as proper waste removal within the body. This is fundamental for all metabolic processes.



Sessions

Session	Price	Duration
Bemer	\$20	20 minutes
Bemer	\$40	40 minutes

Life Changing Technology

The BEMER device is designed to temporarily increase local blood circulation in healthy muscles and stimulate muscles in order to improve and facilitate performance.

FDA Disclaimer: The statements made regarding these products have not been evaluated by the Food and Drug Administration. The efficacy of these products has not been confirmed by FDA-approved research. These products are not intended to diagnose, treat, cure or prevent any disease.

Choose Us



of the time



What is our satisfaction rate?
let us know.

Why us?

Rise and Shine Wellness Center promotes whole body wellness. With our knowledgeable staff and advanced technology you will find your total well-being in the right direction. Come, meet the staff today.