

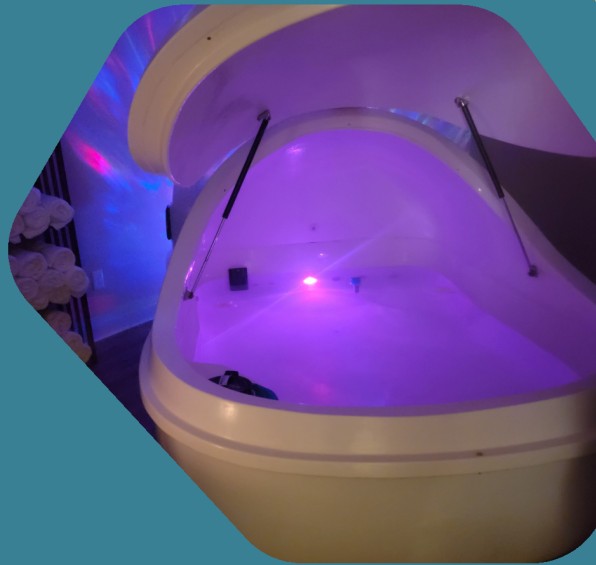
Float Tank

About

At Rise and Shine Wellness Center, we specialize in holistic wellness solutions tailored to improve your overall well-being. Our unique salt cave session is renowned for its ability to improve respiratory conditions such as allergies, asthma, and even lingering effects from COVID. This natural session leverages the anti-agent properties of salt, which is said to draw toxins and impurities out of the body. Our clients have found significant alleviation from respiratory distress and a boost in their immune systems. Experience the rejuvenating benefits of our salt cave and step into a healthier, brighter you. Book your Appointment today.

Contraindications

- Claustrophobia
- Seizures
- Kidney Disease
- Low Blood Pressure
- Contagious Disease
- Open sores



Promotes wellness in:

- Improved Sleep
- Boost Creativity
- Reduces Anxiety
- Reduces muscle tension
- Reduction of depression
- Relieves Stress
- Increased Immune Support
- Relaxing and Meditative



Rise & Shine
Wellness Center

Float Tank



We care

3731 Rainbow Drive Rainbow Dr. 35906
256.390.4877



riseandshinewellness.care

Float Tank

BENEFITS

- Practices "mindfulness", relaxation, focus & creativity
- Relieves chronic pain and muscle tension (often tied to high stress levels)
- Faster healing and muscle recovery
- Reduces anxiety & depression
- Improves work productivity
- Decreases headaches
- Helps with fatigue and low energy
- Eases restlessness, distractions & brain-fog
- Helps with insomnia
- Increases immune function
- and so much more!**

- Increased Mental Clarity
- Increased Circulatory System
- Clear Skin
- Heighten Energy and Performance
- Anti-Aging Effects
- Faster Healing
- Faster joint healing

Sessions

Session	Price	Duration
Float Tank	\$50.00	60 minutes

Life Changing Technology

- Float Sessions include floating in 1000 lbs of epsom salt
- Naturally Hypogonic
- and Filtered
- Large tank
- Personal Room

FDA Disclaimer: The statements made regarding this products have not been evaluated by the Food and Drug Administration. The efficacy of these products has not been confirmed by FDA-approved research. These products are not intended to diagnose, treat, cure or prevent any disease.

Choose Us



of the time



What is our satisfaction rate?
let us know.

Why us?

Rise and Shine promotes whole body wellness. With our knowledgeable staff and advanced technology you will find your total well-being headed in the right direction. Come, meet the Rise and Shine staff today.