About

Welcome to Rise and Shine Wellness Center, your premier destination for holistic wellness solutions. Our expertise in wellness and combating metal toxicity to ensure a healthier, more vibrant you. Experience the rejuvenating benefits of our ionic foot detox that aids in enhanced lymphatic drainage. Our dedicated team is committed to offering personalized care that addresses all your wellness concerns. Choose Rise and Shine for a comprehensive approach to achieving optimal health and well-being.

Contraindications

- Pacemaker or heart regulating device
- Organ Transplant
- psychotic episodes or seizure
- advance stages of diabetes
- pregant or lactating
- open wounds
- under 8 years of age



Aids in:

- •Immunodeficiency
- Weight loss
- Inflammation
- Stress management
- Improved sleep
- Fewer aches and pains
- Improved digestion and nutrient absorption
- Metal toxicity
- •Improved circulation and heart health
- Detoxifying the liver
- Purging of yeast
- Relieve arthritis and joint stiffness
- •Clear skin



Ionic Foot Detox

Highly Recommend



We care

3731 Rainbow Drive Rainbow Dr. 35906 256.390.4877



riseandshinewellness.care

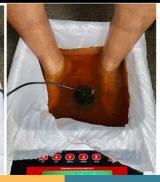
Color Chat

Choose Us

What do the colors in your water mean?

| | _ | |
|-----------------------------|---|--|
| COLOR OF WATER | AREA OF BODY | SYMPTOMS |
| Yellow-green | Detoxifying from the Kidney, Bladder, Urinary Tract, Female Prostate Area | Gynecological Disorder, Prostate |
| Orange | Detoxifying from Joints, Arteries | Arthritis, Rheumatism, Gout, Neuropathy, Pleurisy |
| Brown | Detoxifying from Liver, Lungs, Tobacco, Cellular Debris | Smoking, Second Hand Smoke, Air Pollution |
| White cheese-like particles | Yeast, GI Tract, Vaginal | Insomnia, Migraine, Candida |
| Dark Green to Black | Detoxifying from Gallbladder, Liver | Gallstones, Acid Reflux, Weak Immune System, Nausea |
| Red Flecks | Blood Clot Material | Arterial Blockage, Bruising, Hypertension, Cold Hands/Feet |
| White Foam | Lymphatic System, Lymph Nodes | Menses Disorder, Lymph Nodes Tender, or Clogged Skin Allergy |
| Black Flecks | Heavy Metals | Fibro Fog, Chronic Fatigue, |





Sessions

| Session | Price | Duration |
|---------------|-------|---------------|
| Foot Detox | \$20 | 30 minutes |
| | | |



What is our satisfaction rate?

let us know.

Why us?

Rise and Shine Wellness Center promotes whole body wellness. With our knowledgeable staff and advanced technology you will find your total care. Make an appointment today.

Make your appointment today!

FDA Disclaimer: The statements made regarding this products have not been evaluated by the Food and Drug Administration. The efficacy of these products has not been confirmed by FDA-approved research. These products are not intended to diagnose, treat, cure or prevent any disease.