

About

Welcome to Rise and Shine Wellness Center, your premier destination for holistic wellness solutions. Our expertise in wellness and combating metal toxicity to ensure a healthier, more vibrant you. Experience the rejuvenating benefits of our ionic foot detox that aids in enhanced lymphatic drainage. Our dedicated team is committed to offering personalized care that addresses all your wellness concerns. Choose Rise and Shine for a comprehensive approach to achieving optimal health and well-being.

Contraindications

- Pacemaker or heart regulating device
- Organ Transplant
- psychotic episodes or seizure
- advance stages of diabetes
- pregnant or lactating
- open wounds
- under 8 years of age



Aids in:

- Immunodeficiency
- Weight loss
- Inflammation
- Stress management
- Improved sleep
- Fewer aches and pains
- Improved digestion and nutrient absorption
- Metal toxicity
- Improved circulation and heart health
- Detoxifying the liver
- Purging of yeast
- Relieve arthritis and joint stiffness
- Clear skin



Rise & Shine
Wellness Center

Ionic Foot Detox
Highly Recommend



We care

3731 Rainbow Drive Rainbow Dr. 35906
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riseandshinewellness.care

Color Chat

What do the colors in your water mean?

COLOR OF WATER	AREA OF BODY	SYMPTOMS
Yellow-green	Detoxifying from the Kidney, Bladder, Urinary Tract, Female Prostate Area	Gynecological Disorder, Prostate
Orange	Detoxifying from Joints, Arteries	Arthritis, Rheumatism, Gout, Neuropathy, Pleurisy
Brown	Detoxifying from Liver, Lungs, Tobacco, Cellular Debris	Smoking, Second Hand Smoke, Air Pollution
White cheese-like particles	Yeast, GI Tract, Vaginal	Insomnia, Migraine, Candida
Dark Green to Black	Detoxifying from Gallbladder, Liver	Gallstones, Acid Reflux, Weak Immune System, Nausea
Red Flecks	Blood Clot Material	Arterial Blockage, Bruising, Hypertension, Cold Hands/Feet
White Foam	Lymphatic System, Lymph Nodes	Menses Disorder, Lymph Nodes Tender, or Clogged Skin Allergy
Black Flecks	Heavy Metals	Fibro Fog, Chronic Fatigue, Memory Problems



Make your appointment today!

FDA Disclaimer: The statements made regarding this products have not been evaluated by the Food and Drug Administration. The efficacy of these products has not been confirmed by FDA-approved research. These products are not intended to diagnose, treat, cure or prevent any disease.

Choose Us

Sessions

Session	Price	Duration
Foot Detox	\$20	30 minutes



What is our satisfaction rate?
let us know.

Why us?

Rise and Shine Wellness Center promotes whole body wellness. With our knowledgeable staff and advanced technology you will find your total care. Make an appointment today.