

### Norma Tech Leg



### Promotes in reilef from:

- Reduction of Pain
- Reduced inflammation
- Improved circulation
  - Quicker healing
  - Reduced swelling
- increased flexibility



#### How it works?

Open Sore

About

At Rise and Shine Wellness Center, we specialize in holistic wellness services designed to enhance your overall wellbeing. Our advanced NormaTec leg

cornerstone of our offerings, aiming to reduce swelling and muscle soreness effectively. This state-of-the-art treatment also significantly helps in

reducing inflammation, promoting faster

guide you every step of the way. Visit us to experience unparalleled care and rejuvenate your mind and body

recovery and optimal performance. Whether you are an athlete or just looking to improve your physical wellness, our expert team is here to

compression technology is a

- Organ Failure
- Deep Vein Thrombosis
- Severe arterial disease
- Ischemic rest pain
- Cognitive impairmen
- Peripheral arterial disease
- Skin sensitivity
- Bed or chiar bond



# We care

3731 Rainbow Drive Rainbow Dr. 35906 256.390.4877



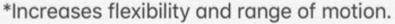
riseandshinewellness.care

# Sessions

## **Choose Us**

#### Benefits of Norm Tech

- \*Decreases muscle recovery time
- \*Reduces soreness.
- \*Decreases muscle tension and Inflammation.
- \*Reduces swelling and water accumulation.



- \*Increases blood flow and circulation.
- \*Helps with lactic acid and lymphatic flushing.
- \*Helps prevent and eliminate cellulite and varicose veins.



Session	Price	Duration
Norma Tech	\$20	30 minutes



What is our satisfaction rate?

### **Life Changing sessions**

#### Why us?

Rise and Shine promots whole body wellness. With our well knowledgeable staff and advance technology you will find your total wellbeing in the right direction. Come and meet the staff at Rise and Shine Wellness Center and our Technologies.



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